



**Ori Spring**  
3-5 march 2017



## OriSpring 2017 – Roma / S.Gregorio , 3<sup>rd</sup>/4<sup>th</sup>/5<sup>th</sup> march 2017

### BULLETIN n.1

**OriSpring2017, sponsored by CONI Lazio**, is a 3-day orienteering meeting in which the final results are calculated as the **sum of the times of three races**. Below is a list of general and common information to the three races, whilst the specific features of each race are written afterwards.

#### **Punching system / Punching Start:**

**Sport-Ident** electronic punch for all classes. Mandatory **Punching Start** at the start. In case of a malfunctioning SI-station punch on the map. If you forget or lose your SI-Card, you can still rent one at a 1,50€/day fee. If you fail to return a hired SI-Card, a 30€ fine applies.

**First aid:** If needed, an ambulance with ICD and a doctor are ready to assist the participants in the finish area, on every single stage.

**Refreshment:** Tea and biscuits are available at the assembly area, on every stage.

#### **Control descriptions / warm-up maps:**

Control descriptions are available at the registration desk, NOT at the start; they're printed on the map, too. **M12, Beginners** and School class participants will find **text descriptions** on the maps only, both in Italian and in English. Warm-up maps (on stage 2 and 3 only) are provided at the registration desk. Please note that if you get yourself into the forbidden areas (purple dashed area), you'll be disqualified.

#### **Complaints / Competition Jury:**

Complaints will be registered according to Italian National Orienteering Federation (FISO), under the management of the jury. The competition jury (one president and two members) will be nominated from the Italian participants and their names will be published at the assembly area.

#### **New entries / Start times change:**

It's still possible to enter OriSpring2017 in **Direct and Beginners** classes only at the registration desk, on a single stage or the three of them. Entry fee is 4€/day or 12€/3days. SI-Card rental fee is 1,50€/day or 4,50€/3days. Start time changes are not permitted, except at the request of the organization and are managed directly at the start.

**Start times / results:** Start times and, then, results will be published at the assembly area. **M12/Beginners/Direct** don't have pre-assigned start times (**free punching start**), they just simply go to the start when they want (between the first/last start interval, of course).

#### **Prize-giving:**

The prize giving ceremony will be held in S.Gregorio's Brancaccio Castle on 5<sup>th</sup> March, starting at 12.30pm. Prizes will be given to the first three competitors in each class based on the overall results (the sum of the three different times)

**Transport services:** For those who requested the **bus shuttle service on 5<sup>th</sup> March**, please get your booked tickets at the registration desk on Friday/Saturday. **There's no seat left for booking.**

#### **Organisation:**

Race director: Daniele Guardini  
Course setters: Remo Madella (fri.3), Leonardo Mariani (sat.4), Luca Elisei (sun.5)  
Controllers: Leonardo Mariani (fri.3), Stefano Zarfati (sat.4 and sun.5)  
Start judge: Giuliano Campanelli  
Results: Valerio Pfister  
Registration desk: Arianna Vitalini

## Course length/climb (as length in km + climb in m):

Class	3-march	4-march	5-march	Class	3-march	4-march	5-march
<b>M 12</b>	2,5 + 40	1,7 + 30	1,1 + 35	<b>W 14</b>	2,8 + 40	2,1 + 40	1,2 + 45
<b>M 14</b>	2,8 + 40	2,1 + 40	1,2 + 45	<b>W 16</b>	3,0 + 25	2,3 + 40	1,2 + 45
<b>M 16</b>	3,0 + 40	2,9 + 55	1,4 + 45	<b>W 21 E</b>	4,5 + 50	3,6 + 70	2,2 + 95
<b>M 21 E</b>	5,3 + 70	4,6 + 90	2,4 + 115	<b>W 35</b>	4,0 + 45	3,1 + 60	1,7 + 75
<b>M 35</b>	4,5 + 50	3,6 + 70	2,2 + 95	<b>W 45</b>	3,8 + 45	2,7 + 45	1,5 + 75
<b>M 45</b>	4,4 + 50	3,1 + 60	1,8 + 80	<b>W 55</b>	3,3 + 40	2,7 + 60	1,5 + 60
<b>M 55</b>	4,0 + 45	3,1 + 60	1,7 + 75	<b>W 65</b>	3,0 + 40	2,9 + 55	1,4 + 45
<b>M 65</b>	3,8 + 45	2,7 + 45	1,5 + 75	<b>W 70</b>	3,0 + 40	2,9 + 55	1,4 + 45
<b>M 70</b>	3,8 + 45	2,7 + 45	1,5 + 75	<b>W 75</b>	3,0 + 25	2,3 + 40	1,2 + 45
<b>M 75</b>	3,3 + 40	2,7 + 60	1,5 + 60	<b>Direct</b>	2,8 + 40	2,3 + 40	1,2 + 45
<b>M 80</b>	3,3 + 40	2,7 + 60	1,5 + 60	<b>Beginners</b>	2,5 + 40	1,7 + 30	1,1 + 35

## ❖ Friday 3<sup>rd</sup> March - Villa Borghese - "spriddle"

**Assembly area:** "Casa del Cinema" on largo Marcello Mastroianni in Villa Borghese, 100m north of "Villa Borghese/via Veneto" Metro A "Spagna" exits. **GPS coordinates: 41.9108, 12.4879**

### Programme:

13.00 – 16.30 Registration desk working hours  
15.30 – 17.00 First/last start  
18.30 Event centre closes

### Map:

Villa Borghese - FISO code CS-710 - Scale 1:5000 – contour 2,5m - ISSOM2007 symbols  
Field work and drawing: Remo Madella (february 2010) – Latest update: november 2016  
Type of paper: **not water resistant**, A4 format (plastic bags available at the start)

**Maximum allowed time:** 1h 30'

### Terrain:

All courses are running in a park with a dense network of paved roads, with moderate climb. Trail or running shoes recommended. **Spikes are forbidden.**

### Start:

The start is 200m north-west of the assembly area, along via Goethe: follow the white/red ribbons. The triangle indicates the **delayed start** control. The pre-start is 2 minutes before the assigned start time.

### Toilets / Changing room / Deposit:

Chemical toilets at the assembly area. Changing rooms (unguarded) will be provided in some tents at the assembly area. Don't leave your bags in the changing room tents, there's a bag deposit in the registration desk's room. **The organizers don't take responsibility for unattended objects.**

### Forbidden areas:

Participants are not allowed to leave the assembly area. If you plan to reach Galleria Borghese museum, use the road outside the park (via Pinciana).



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## ❖ Saturday 4<sup>th</sup> March - Garbatella - "middle"

Sponsored by Roma Capitale's Municipio VIII



**Assembly area:** "Parco Caduti del Mare" on via Giacinto Pullino, 200m south of Metro B "Garbatella" exit. **GPS coordinates: 41.8648, 12.4835**

### Programme:

13.00 – 15.00 Registration desk working hours  
14.00 – 15.30 First/last start  
17.30 Event centre closes

### Map:

Lotti di Garbatella - FISO code CS-529 - Scale 1:4000 - contour 2,5m - ISSOM2007 symbols  
Field work and drawing: Remo Madella (december 2010)  
Type of paper: **not water resistant**, A4 format (plastic bags available at the start)

**Map change** for **M21E** participants, monitored by an officer.

**Maximum allowed time:** 2h

### Terrain:

Hard surface with gardens and little parks. Steep climb and staircases at times. Expect to find cars almost in all roads: remember to **follow traffic laws** and be careful while crossing roads. **Running shoes** recommended. **Spikes are forbidden.**

**Warning!** Some gates may look closed but they are not locked: just open the gates that are indicated as open in the map. Other gates, next to the start, are marked as forbidden (purple crosses): please avoid crossing them or be disqualified. Some construction yards have been drawn on the map, others may have sprung more recently.

**Due to the unique character of the area, participants are invited to be respectful of the place and its inhabitants. Please let us keep organizing orienteering events here: it depends on your behavior, too!**

### Start:

The start is 350m south-east of the assembly area (4-5' on foot): follow the warm-up map and white/red ribbons on the way. The triangle indicates the **delayed start** control. The pre-start is 2 minutes before the assigned start time.

### STOP-AND-GO crossing:

All courses include a potential traffic congested crossing, that will be monitored by two officers. At the two ends of the crossing (30-ish m long), two control points are positioned (n. 58 and 61), that all competitors need to punch: **58-61 split time** will be **deducted** from the race time, **up to a maximum of 20 seconds**, so that all participants will have enough time to cross the road safely.

### Toilets / Changing room / Deposit:

Chemical toilets at the assembly area. Changing rooms (unguarded) will be provided in some tents at the assembly area. **The organizers don't take responsibility for unattended objects.**

### Forbidden areas:

Participants are not allowed to leave the assembly area, the whole neighbourhood is embargoed.

## ❖ Sunday 5th March - S.Gregorio da Sassola - "sprint"

Sponsored by San Gregorio da Sassola's Municipality  
With the cooperation of Associazione Culturale Aefula



**Assembly area:** Brancaccio Castle, access from piazza Brancaccio. **GPS coordinates:** 41.9171, 12.8711

### Programme:

8.30 – 10.30	Registration desk working hours
9.30 – 11.00	First/last start
12.30	Prize giving ceremony
14.00	Event centre closes

### Map:

S.Gregorio da Sassola - FISO code CS-778 - Scale 1:4000 - contour 2,5m - ISSOM2007 symbols  
Field work and drawing: Emiliano Corona (june 2011).  
Type of paper: **not water resistant**, A4 format (plastic bags available at the start)

**1:3000 scale enlargement** of the city centre (last part of the race).

**Maximum allowed time:** 1h30'

### Terrain:

The terrain varies from the public gardens to the urban area. Large and narrow paths in the gardens with slopes and dense vegetation. Narrow roads and steep staircases in the city centre. Trail or running shoes recommended. **Spikes are forbidden.**

Be careful in case of rain: both the gardens and the city centre can get very slippery!

### Start:

The start is 650m with 35m climb north-east of the assembly area (8-10' on foot): follow the warm-up map and white/red ribbons on the way. The triangle indicates the **punching start**, it's not a delayed start control. The pre-start is 2 minutes before the assigned start time.

### Toilets / Changing room / Deposit:

All services are available inside Brancaccio Castle. **The organizers don't take responsibility for unattended objects.**

### Forbidden areas:

The city centre, the public park and the new town are embargoed, except for the road going to the parking area (via Ippoliti Sebastiano).

### Lunch:

Due to the lack of restaurants in the city, Associazione Culturale Aefula is going to prepare a lunch for the participants, starting from 11.30am. Cost is 13€ (two mains, side, water and wine) or 9€ (one main, side, water and wine). Please proceed to booking your lunch at Aefula's tent at the assembly area as soon as you can, in order to avoid queues.

### Transport:

TROTTA's bus will depart from **Metro B Ponte Mammolo** station (under the bridge, past bus terminus) **at 7.45am**. Booked tickets will be given at the registration desk on Friday/Saturday: please show the tickets to the officer while entering the bus. Return trip from S.Gregorio da Sassola departs from **Piazza Brancaccio** at **2pm**.